

"GOOD GRIEF"

Drop in Group

Resuming Wednesdays 1:00 – 3:00 pm

Starting July 1st, 2020

#207 – 4650 Lazelle Av.

We host a comfortable open group for sharing experiences of grief while respecting each other's questions, feelings, viewpoints, and spirituality. Participants can attend as often as they like. Refreshments provided. Group size limited to 4 participants.



Make time for yourself and join us as you continue to make the many difficult adjustments in life following a loss.

Terrace Hospice Society
#207-4650 Lazelle Av – Terrace
250-635-4811