

What is a Visiting Volunteer?

- Visiting volunteers are companions who provide emotional and social support connected with loss such as death
- Visiting volunteers help our client deal with anticipatory or continual grief of a loved one, including pets.
- This can be an individual service and/or supported by a group

Who can refer?

- Anyone interested in taking advantage of our programs and/or services
- Intakes can be by phone or walk-in.

***Hospice Programs are free community services**



Groups we offer:

- **HEALING HEARTS** - for those who have lost a loved one recently or in the past
This group meets twice per year for 6 weeks with a trained facilitator and co-facilitator
- **RAINBOWS** - a program that helps youth and children under 19 grieve and grow after loss
This is a 12 week program with two trained facilitators
- **GRIEF RECOVERY** - a formalized recovery method
Involves purchasing a book, doing readings, homework and sharing. Can be done individually or in groups
- **PEACEFUL WORDS BOOK CLUB**
An ongoing informal group facilitated by a volunteer to share and discuss a featured book

All these groups are for those 19+ in small groups of 4-6 participants



Coming soon:

- **TRAUMATIC LOSS** - for those who are dealing with loss through homicide or suicide
An 8 week program with a trained facilitator

Don't see what you're looking for?

We will consider doing special groups

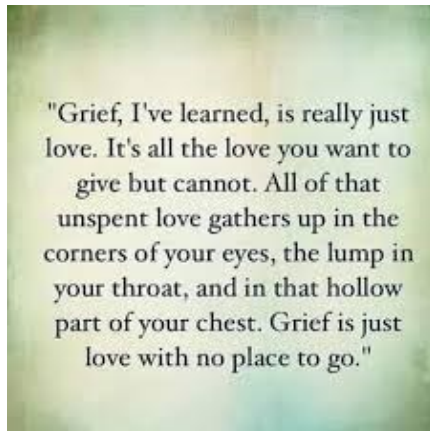
- Loss associated with dementia
- Loss of health
- Loss of a pet
- Women who have lost their partners
- Men who have lost their partners
- Parents who have lost their children

CONTACT US TO BE PUT ON A WAITING LIST. CONSIDER HAVING A VISITING VOLUNTEER TO SHARE WITH BEFORE AND AFTER THE GROUP SESSIONS

We can grow through grief together

Hospice

*Offers Comfort
and
Support to
people and their
family and
friends through-
out their illness
and, if needed,
during
bereavement.*



*If You Would Like
More Information
Please Contact Us*

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After hours please leave
a voicemail

Office hours: 9 am - 12 pm
Monday - Friday

Terrace Hospice Society is financially assisted
by the BC Gaming Commission, Northern
Health, Terrace Community Foundation, BC
CPC, BCHPCA and other donors

Bereavement Programs through the Terrace Hospice Society

